MAINPRO® Overview

CAPA 2013
Presenter Disclosure

Amy Outschoorn is a paid employee of the College of Family Physicians of Canada (CFPC).
Disclosure of Commercial Support

This program has received NO COMMERCIAL financial support. This program has received NO COMMERCIAL in-kind support.
Workshop Objectives

By the end of this workshop, participants will be able to:

- Describe the Mainpro program
- Explain the changes being considered for Mainpro in 2015
History of Mainpro®
What is MAINPRO?

- Framework providing CPD participation guidelines and standards for Canadian family physicians
- System that enable family physicians to conveniently track/monitor CPD participation
- Educational accreditation ensuring high-quality, ethical CPD programming through a rigorous peer-review process
CPD/Mainpro

1954    CFPC founded; CME required
1969    First Certificants (CCFP)
1975    First Maintenance of Certification program
1995    Mainpro introduced
1998    Expanded MOC component → start of 5-year cycles
2001    New approach to Mainpro-C credits
2003    Modifications to Maintenance of Certification
        requirements and Fellowship
2012+   Current changes: Annual reporting requirements,
        revised credit categories with more focus on QI and
        improved patient outcomes
CPD/Mainpro

The educational principles:

• Driven by physician needs
• Evidence-based content/information
• Encourages critical appraisal/inquiry
• Facilitates reflection and positive change
• Grounded in adult learning theory
CPD/Mainpro

National Committee on Continuing Professional Development (NCCPD)

- To ensure that the CFPC will provide national leadership in CPD and continuing medical education (CME)

- Consists of 12 members, including one member in his/her first five years of practice
Overview of Mainpro Activities
## CPD Credit Categories

<table>
<thead>
<tr>
<th>Category</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mainpro-C</td>
<td>Programs and activities that encourage you to reflect on what you have learned and to devise strategies for incorporating newly acquired knowledge and skills into practice</td>
</tr>
<tr>
<td></td>
<td>• CFPC-accredited small-group workshops</td>
</tr>
<tr>
<td></td>
<td>• Advanced life-support programs</td>
</tr>
<tr>
<td></td>
<td>• PEARLS™ and Linking Learning to Practice (LLP) exercises</td>
</tr>
<tr>
<td>Mainpro-M1</td>
<td>Structured, interactive, individually reviewed, and accredited learning programs that focus on enhancing knowledge or skills</td>
</tr>
<tr>
<td></td>
<td>• Accredited conferences, courses, or journal clubs</td>
</tr>
<tr>
<td></td>
<td>• Research, publications, committee work, practice audits</td>
</tr>
<tr>
<td>Mainpro-M2</td>
<td>Self-directed, non-CFPC accredited learning activities that support and promote family physicians</td>
</tr>
<tr>
<td></td>
<td>• CME/CPD available via Internet, podcasts, CD-ROMs</td>
</tr>
<tr>
<td></td>
<td>• Teaching, presenting, journal reading</td>
</tr>
</tbody>
</table>
CPD/Mainpro

- 5-year cycle
- Minimum of 250 credits per cycle
  - Min. 50% = Mainpro-M1 and/or Mainpro-C
  - Remainder can be any credit type (M1/M2/MC)
The College provides opportunities for self-directed generation of credits

- Pearls
- Linking Learning to Practice
- Etc.

View these at: www.cfpc.ca/MainproForms
2013 Changes to Mainpro
CPD/Mainpro

As of January 2013 all Mainpro participants are required to:

- Earn/report min. 25 credits per year
- Online reporting is now required
CPD/Mainpro

Annual Minimum Credit Reporting

• Encourages Mainpro participants to engage in and report their CPD activities on a regular basis

• Enables College staff to provide more efficient support to Mainpro participants
Online-Only Credit Reporting

• Makes submitting CPD credits faster, easier, and more secure

• Results in fewer incidents of illegible or incomplete submissions

• Helps to encourage Mainpro participants to keep their records up-to-date
New Mainpro
Why is Mainpro Changing?

• Make credit categories more intuitive for members
• Established Values & Principles that guide development and serve as measures of program success
• Facilitate reflective processes through impact assessments for all reported CPD activities
• Bring CFPC standards into alignment with other national and international organizations
Mainpro Values & Principles
Mainpro Values & Principles

Purpose:

• Guide development and serve as measures of program success

• Support the evolving roles of family physicians within an ever-changing healthcare system

• Provide answers to the “why” questions around Mainpro system changes
Mainpro Values & Principles (cont’d)

1. Simplicity
2. Comprehensiveness
3. Availability
4. Reflection and application
5. Individualization
6. Scientific validity
7. Transparency
## Current vs. Proposed Mainpro Model

<table>
<thead>
<tr>
<th>Current Model</th>
<th>Proposed Model</th>
</tr>
</thead>
<tbody>
<tr>
<td>5-year cycle</td>
<td>5-year cycle</td>
</tr>
<tr>
<td>Min. 250 credits per cycle</td>
<td>Min. 250 credits per cycle</td>
</tr>
<tr>
<td>Min. 25 credits per annum (any type)</td>
<td>Min. 25 credits per annum (any type)</td>
</tr>
<tr>
<td>Min. 50% reviewed activities (M1/C)</td>
<td><strong>Min. 50% reviewed/certified activities</strong></td>
</tr>
<tr>
<td>Three credit categories</td>
<td>Three <strong>new</strong> credit categories</td>
</tr>
<tr>
<td>• Mainpro-M1/M2/C</td>
<td>• Two sub-categories (Reviewed/Non-reviewed)</td>
</tr>
<tr>
<td>One-credit-per-hour* model</td>
<td>Credits based on meeting explicit quality criteria</td>
</tr>
<tr>
<td>Impact documented for select activities only (e.g. Pearls, Audits)</td>
<td>Impact documented for <strong>ALL</strong> activities reported</td>
</tr>
<tr>
<td>No link to CanMEDS-FM roles</td>
<td>Linked to CanMEDS-FM roles</td>
</tr>
</tbody>
</table>
What will remain the same?

• 5-year cycle
• 250 total credits (minimum)
  – At least 125 must be “certified” CPD
• 25 credits per year (minimum)
What will be different?

• Mainpro-M1/M2/C replaced with more intuitive categories
• New sub-categories: Certified and Non-certified
• Non-certified promotional activities no longer eligible for credit
• Wider variety of credit eligible activities - broader definition of “practice”
Categories & Subcategories

Three Credit Categories:

- Group Learning
- Self Learning
- Assessment

Two Subcategories:

- Accredited/Reviewed
- Unaccredited/Unreviewed
Impact Assessment
IMPACT ASSESSMENT

Member Name: [ ]

Learning Activity: [ ]

What was the impact of this learning experience on you or your practice?

Please check all that apply.

☐ My practice will be changed and improved.

☐ I learned something new.

☐ I am motivated to learn more.

☐ This experience confirmed I am doing the right thing.

☐ I was dissatisfied.

Save and continue later [ ] Submit [ ]
What is the purpose of the IA?

Member benefits:
• Prompted to reflect on the value of learning
• Explore opportunities for integrating knowledge into practice
• Gain opportunities to earn additional CPD credits
What is the purpose of the IA? (cont.)

College benefits:

• Enhanced understanding of CME/CPD activity-type impact on physician practices
• Analysis of member needs as they relate to CME/CPD
• Identify concerns related to Mainpro-accredited programs (eg, bias)
Mainpro & Accreditation Platform 2015

Purpose:
• User-friendly, online reporting
• Link CPD activities to personal CPD goals
• Mobile friendly
• Accreditation platform for communication and storage, with ability to track/monitor status of programs
Questions?